

Comparison of Social & Emotional Intelligence Assessment Instruments

Competency	SEIP	ESCI	EQ-I 2.0	MSCEIT	EQ Map
Original Author(s)	Belsten	Goleman	Bar-On	Mayer, Salovey & Caruso	Orioli & Cooper
Emotional Self Awareness	•	•	•	• "perceiving"	•
Accurate Self Assessment	•		• "reality-testing"	• "understanding"	• "intuition"
Personal Power	•	• "self-confidence"	• "assertiveness" "self-regard" "independence"		• "personal power"
Behavioral Self Control	•	• "emotional self control"	• "impulse control"	• "managing"	• "emotional expression"
Integrity	•	• "transparency"	• "social responsibility"		• "integrated self"
Innovation & Creativity	•		• "problem solving"		•
Initiative & Bias for Action	•	•			• "optimal performance"
Achievement Drive	•	•			
Realistic Optimism	•	• "positive outlook"	• "optimism" "happiness"		• "outlook"
Resilience	•				•
Stress Management	•		• "stress tolerance"		
Personal Agility	•	• "adaptability"	• "flexibility"		
Intentionality	•		• "self-actualization"	• "facilitating thought"	•
Empathy	•	•	•	•	• "compassion"
Situational Awareness	•	•			
Service Orientation	•	•			
Communication	•			•	
Interpersonal Effectiveness	•		• "emotional expression"		
Powerful Influencing Skills	•	•			
Conflict Management	•	•	• "problem solving"		• "constructive discontent"
Inspirational Leadership	•	•			
Catalyzing Change	•	•			
Building Bonds	•				• "interpersonal connections"
Teamwork & Collaboration	•	•			
Coaching/Mentoring Others	•	•			
Building Trust	•				•